Principal’s Message

I hope everyone had a wonderful Easter and that the Easter Bunny was kind to you all.
The students had a wonderful time making their Easter hats and parading them. We will put all the photos on our school web page this week. A very big thank you to our special ‘Easter Bunnies’ for generously providing Easter eggs for all our students. The students’ Easter baskets were overflowing by the end of the day!

This week on the 5th & 6th I am attending the Hunter/Central Coast Principal’s conference.

Next term there will be two professional development days for staff due to the implementation of the National Curriculum. Students will start the 2nd school term on Wednesday 1st May.

For Active After School Sport we are planning to go to the Wisemans Ferry Bowling Club next term. Parents and community members are welcome to attend. The Australian Sports Commission would like to take some footage of the students bowling. Attached is a permission note to allow the students to be photographed or filmed. Please return completed notes by the end of Term 1.

Have a safe and happy holiday and please remember the students return for Term 2 on Wednesday 1st of May.

Rosslyn Raftery
The Raw Art Day was a great success and the students produced some outstanding pieces of art work.

School Fundraiser

Our chocolate boxes are almost all sold. We only have about 8 boxes to sell. An excellent effort considering that we had 60 boxes to start with. Please keep returning the money and if you would like a new box to sell over the holidays just let us know. If we sell all the boxes we will have raised $1,200 and this money will go a long way towards paying for the students’ excursion to Sydney. Well done everyone!

Please return the anti-bullying pledges that were sent home to be signed by students and parents/carers if you have not already done so.

Cross Country Day at Central Mangrove Public School

On Friday 10th May 2013 our students will be travelling to Central Mangrove Public School to participate in the Annual Cross Country run. Permission notes are attached to today’s newsletter. Please return all notes by Friday 12th April.

A reminder that all lunch orders must be returned to school by next Tuesday, 9th April.

Easter Raffle

Thank you to all the families who sold tickets in our Easter Raffle.

The raffle was drawn at school on Thursday 28th March and Mrs Comensoli was our lucky winner. Congratulations!
For information visit: www.kidsinthepark.com.au or phone: (02) NSW Department of Sport & Recreation – Central Coast School Holiday Activities, April 2013

Cares Bicycle Safety (Ourimbah), Canoe/Kayaking (Avoca Lagoon), Tennis (Gosford & Wyong), Circus Workshops (Niagara Park), Surfing (Avoca Beach or Umina Beach), Surf Life Saving (Umina Beach), Trampoline (Niagara Park), Kids Multi Sports (Niagara Park).

For more info visit: www.dsr.nsw.gov.au or to make a booking call 13 13 02 or 4362 3184.

COMMUNITY NEWS

Parent Fact Sheet:
Heads up on Helmets
Why your teenager should wear a bike helmet

Facts:

1. Teenagers are less likely than other cyclists to wear a bike helmet.

2. Half of the teenage cyclists involved in a bike crash risked serious head injury by NOT wearing a bike helmet.

3. 1 in 4 teenage cyclists who end up in hospital after a bike crash suffer a head injury - a head injury can have lifelong consequences.

4. Cyclists can reduce the risk of head injury by more than 60% by wearing an approved bike helmet which is correctly fitted and fastened.

It’s the law
All bike riders must wear a helmet that complies with the Australian and New Zealand Standards (AS/NZ2063) securely fitted and fastened on their head.

Each year in NSW over 3000 young cyclists are fined for not wearing a helmet or wearing a helmet incorrectly. That’s more than 60 fines a week! The fine is over $50!

A bike helmet will protect the head only if it is the right size and worn correctly. This means:

Firm fit. The helmet has a secure fit and cannot move around on the head.

Sit square. The helmet sits straight on the head, not tilted in any direction.

Protect forehead. The rim of the helmet sits 2 finger widths above the eyebrows.

Closed buckle. The buckle is securely fastened under the chin - check that no more than 2 fingers can fit between the buckle and chin.

Snug straps. The straps are not loose or twisted. Adjust straps regularly.

* where helmet usage is known

This is a joint project between Youthsafe and the NSW Centre for Road Safety, RTA.

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